

## Who are we?

Karis Neighbour Scheme is a small charity working in the community to offer support and friendship to those who need it the most.

We want to come alongside them, be a good neighbour, and in really practical ways, help them through whatever hardships they're facing.

If you'd like to find out more about Karis Neighbour Scheme feel free to get in touch using any of our contacts listed on the back of this leaflet.

You can also look on our website for more information.



# Contact Us



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Karis Neighbour Scheme is a registered charity, charity no. 1133510  
Karis Neighbour Scheme is a company, company no. 06595341

**KBF Advice**



**KARIS NEIGHBOUR SCHEME**

Practical help | Advocacy & advice | Befriending | Emotional support

Offering practical support, friendship and advocacy in the local community, through volunteers.

## What's it about?

The Karis Befriends (KBF) Advice project offers welfare support to older individuals within their own home who struggle to get out and about.

We aim to ensure you are supported and able to cope with your finances, enabling you to live independently.

This could involve:

- ◆ Visits at your home
- ◆ Checking you are in full receipt of your benefit entitlement
- ◆ Help with letters, benefit advice and making phone calls
- ◆ Referrals for debt and housing advice
- ◆ Help connect you to other activities in your area

## How can we help?

**We can assist with new benefit applications such as for Attendance Allowance, Universal Credit, Council Tax Support, and Housing Benefit.**

**We can also help you through the appeals process for your benefits where required.**

**We can assist in applying for Warm Home Discount schemes to lower your energy bills.**

**We can link you to activities within the local community.**

**We can refer for further support such as befriending, specialist debt advice and specialist housing support.**

## Who is it for?

We support older people living in Ladywood, Edgbaston and Harborne, who are :

- ⇒ Over 50
- ⇒ Struggling to leave their home
- ⇒ Require Welfare Support



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