

## Who are we?

Karis Neighbour Scheme is a small charity working in the community to offer support and friendship to those who need it the most.

We want to see people in need supported; to come alongside them, be a good neighbour, and in really practical ways, help them through whatever hardships they're facing.

If you'd like to find out more about Karis Neighbour Scheme feel free to get in touch using any of our contacts listed on the back of this leaflet.

You can also look on our website for more information.

Or, if you'd like to, you can just drop in to see us.

Our office is usually open throughout the week and we'd be happy to offer you a cup of tea, sit down and explain a bit more about what we do.

**Opening hours: 9:00am—4:30pm  
Monday—Friday**

# Contact Us



Karis Neighbour Scheme  
c/o Church of the Redeemer  
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Karis Neighbour Scheme is a registered charity, charity no. 1133510  
Karis Neighbour Scheme is a company, company no. 06595341



**How to  
get involved**



Offering practical support, friendship and advocacy in the local community, through volunteers.

## Lend a hand...

Most of our work relies on volunteers who give of their time and skills to support others in the community.

If you've got some time to give, even as little as an hour a week, we'd love to hear from you. We're looking for people who are keen to be 'good neighbours'.

Our volunteers get involved in all sorts of things;

- ◆ Gardening, decorating and DIY
- ◆ Advocacy & advice sessions
- ◆ Visiting people in their homes
- ◆ Helping with crèches
- ◆ Teaching English
- ◆ Helping on trips or at parties
- ◆ Helping with transport
- ◆ Administration

We can pay travel expenses and offer training for all our volunteers.

If you'd like to volunteer, or want to find out more, please contact us and a member of staff can tell you a bit more about the current opportunities we have.

As well as people giving their time, we often need resources to help us carry out our work.

This could be all sorts of things from a sewing machine for an arts and crafts group to a washing machine for a family in need.

If you're about to get rid of something which is otherwise in good working order why not give us a ring? We won't always be able to take things but particular needs come up all the time.

One way you could help us with resources is by supporting our food cupboard. We rely entirely on donations to keep the store stocked with basic provisions and toiletries. We use this store to support individuals and families who have very little or no income.

Things we always need for the store include rice, semolina, tea, coffee, sugar, tinned tomatoes, tinned fish, tinned vegetables and toiletries including baby stuffs such as nappies.

...give resources

## Become a Friend?

As well as resources, we also receive financial support from individuals. These donations are really important as they help fund parts of our work which are difficult to fundraise for.

It also means we can be more flexible in the way we work and better respond to needs in the community.

Our financial supporters, along with others interested in our work, make up what we call the Friends of Karis.



As a Friend we'll send you newsletters and updates to let you know how the work you're supporting is going.

If you'd be able to give financially, please get in touch and we can tell you more about becoming a Friend.